WEEKLY CLEANING CHECKLIST

EVERY DAY

☐ MAKE THE BEDS
☐ DO LAUNDRY AS NEEDED
☐ DO DISHES
☐ WIPE KITCHEN COUNTERS
☐ SWEEP KITCHEN FLOOR
☐ SANITIZE KITCHEN & BATHROOM SINKS
☐ WIPE DOWN BATHROOM SURFACES
☐ SANITIZE TOILETS
☐ CLEAN AS YOU GO

MONDAY

BATHROOMS

☐ CLEAN TOILETS
☐ CLEAN TUBS & SHOWERS
☐ CLEAN SINKS, MIRRORS, COUNTER TOPS
☐ WASH TOWELS & RUGS
☐ SWEEP AND MOP FLOORS

TUESDAY

KITCHEN

☐ CLEAN STOVE & OVEN
☐ CLEAN COUNTERS & SINK
☐ CLEAN FRIDGE & FREEZER
☐ CLEAN MICROWAVE
☐ WIPE DOWN CUPBOARDS
☐ SWEEP AND MOP FLOOR

WEDNESDAY

BEDROOMS

☐ TIDY UP
☐ CLEAN UP & ORGANIZE NIGHTSANDS
☐ CHANGE BED LINEN
☐ STRAIGHTEN & DECLUTTER CLOSETS & DRAWERS
☐ SWEEP, MOP OR VACUUM FLOORS

THURSDAY

FAMILY/LIVING ROOM

☐ TIDY UP
☐ SWEEP, MOP OR VACUUM FLOORS
☐ DUST SIDE TABLES, CABINETS & SHELVES
☐ CLEAN WINDOWS, CURTAINs & BLINDS AS NEEDED
☐ VACUUM FURNITURE

FRIDAY

FLOORS & DUSTING

☐ SWEEP, MOP OR VACUUM FLOORS AS NEEDED
☐ DUST FURNITURE
☐ DUST WINDOW SILLS
☐ DUST APPLIANCES