

SUPER Summer SCHEDULE



SUPER Summer SCHEDULE

Make
Something

Take
a Trip

Wildcard

Thoughtful

Foodie

Selfless

Spontaneous

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

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SUPER Summer SCHEDULE

ACTIVITY IDEAS

MAKE IT MONDAY

- Suncatchers
- Paint rocks
- Tie-dye t-shirts
- Paper pinwheels
- Blow paint with straws
- Paper plate octopuses
- Squirt gun painting
- Toilet roll binoculars
- Sand art bottles
- Modge podge flower pot
- Handprint art
- Washi tape art
- Mason jar fairy lights
- Egg carton turtles
- Friendship bracelets
- Paper fans
- Bottlecap bugs
- Mason jar aquarium
- DIY kaleidoscope
- Dream catchers
- Pinecone pineapple
- Bubble art
- Tissue paper flowers
- Sidewalk chalk paint
- Tin can wind chimes
- Pasta necklaces
- Sock puppets

TAKE A TRIP TUESDAY

- A local historical site
- A Birthplace of a famous person
- History museum
- Regional aquarium
- Planetarium
- Local library
- Local nature reserve
- Art museum
- Active archaeological site
- Factories that offer educational tours
- The theatre
- The farmer's market or local farm
- The local police department
- The local fire station
- Bowling
- Lake or beach
- State park
- Local garden
- Nearby small town
- Antique store
- Take a virtual field trip of a museum, farm, zoo or aquarium

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ACTIVITY IDEAS

WILDCARD WEDNESDAY

- Try slacklining
- Go treasure hunting
- Try unicycling
- Make a time capsule
- Go to circus camp
- Learn how to juggle
- Have a cup stacking match
- Take archery lessons
- Get up early for a sunrise breakfast
- Play hacky sack
- Make a movie
- Go bird watching
- Build a rocket (from a kit)
- Try geocaching
- Paint a mural
- Go boogie boarding
- Volunteer together
- Do a Segway tour
- Take a fencing lesson
- Learn bushcrafts
- Go indoor rock climbing
- Try yoga
- Attend an archaeology dig camp

THOUGHTFUL THURSDAY

- Bake muffins or cookies for your neighbors
- Visit grandparents or great-grandparent
- Donate items to charity
- Make greeting cards for hospital patients
- Make a care package for someone
- Take cookies to the police or fire station
- Do a chore for a neighbor
- Pick up litter
- Wash someone's car
- Plant something
- Weed or shovel for an elderly neighbor/friend
- Make someone else's bed
- Sing songs at a nursing home
- Conduct family interviews
- Have a family photoshoot
- Cook a meal together
- Take a family nature walk

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ACTIVITY IDEAS

FOODIE FRIDAY

- Banana sushi
- Frozen yogurt fruit bites
- Protein balls
- Fruit Pop-Tarts
- No-bake cookie dough balls
- Rainbow toast
- Pizza roll-Ups
- Pancake animals
- Corn dog muffins
- Funfetti cookies
- Hand and cheese rollups
- Cheeseburger cups
- Rainbow popsicles
- PB&J Tacos
- Banana boats
- Egg in a hole
- No-bake apple donuts
- Rice Krispie popsicle treats
- No-bake granola bars
- Salad in a jar
- Mummy dogs
- No-bake cookie dough bites
- Apple nachos

SELFLESS SATURDAY

- Feed the birds
- Help at the animal shelter
- Plant a tree
- Do a community cleanup
- Donate clothes to a homeless shelter
- Call a lonely friend or family member
- Carry strangers' grocery bags
- Do a favor for someone
- Volunteer at a soup kitchen
- Create care packages for the homeless
- Pick a few toys to donate
- Write thank you letters
- Do a 5k for a good cause
- Mow the lawn for an elderly neighbor
- Buy school supplies for a disadvantaged child
- Leave reusable shopping bags in shopping carts

SUPER *Summer* SCHEDULE

ACTIVITY IDEAS

SPONTANEOUS SUNDAY

- Have a YES Day
- Play indoor hide and seek
- Make a piñata
- Make rock candy
- Have a tea party
- Put on a puppet show
- Create a new dessert
- Make a treasure bottle
- Decorate T-shirts
- Have a field day
- Play improv games
- Go on a road trip
- Have a themed culture night
- Play shuffleboard
- Go to the planetarium or observatory
- Play mini-golf
- Go on a hike
- Have a family music night
- Try Go Karting
- Play balloon hockey
- Bake without a recipe
- Play balloon hockey
- Throw a party for no reason

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